



THE UNIVERSITY OF BRITISH COLUMBIA

Faculty of Education

The Psychological Services and Counselling Training Centre presents

# Career Development and Mental Health

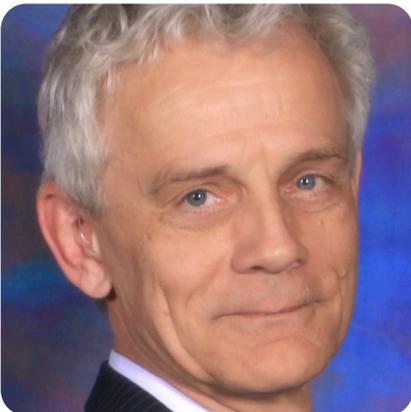
Join our panelists as we discuss the connections between career development and mental health, and recent efforts to explain these connections and the possible implications for practice. Students, faculty and community members welcome!

**Monday November 29th**

**5:00pm - 6:00pm PST**

**Register online for the virtual workshop!**

**\$25 Faculty & Community Members    \$10 Students**



**Dr. Dave E. Redekopp**



**Dr. Michael Huston**

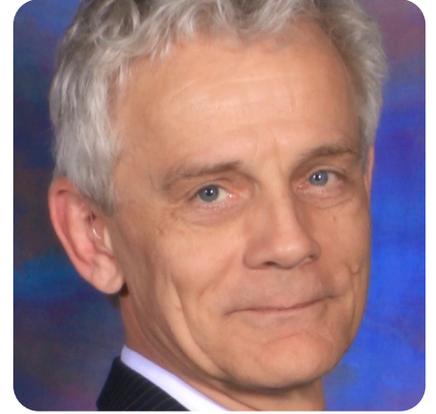


**Dr. Lílian Weber**

# Meet Our Panelists

## Dave E. Redekopp, PhD

Dave is president of the Life-Role Development Group Ltd. and has been an avid champion of career development since 1988. He has been awarded provincial and national awards in career development and is widely recognized in Canada as a thought leader in the field. His career development expertise afforded him the privilege of teaching thousands of practitioners, developing dozens of courses, delivering hundreds of talks, conducting a number of research studies, and developing a host of career development resources for practitioners and the public. Dave holds a PhD in Educational Psychology from the University of Alberta.



## Michael Huston, PhD



Michael has been involved in the career development field as a counsellor, practitioner, trainer, and counsellor educator since the early 1990s. He is a Registered Psychologist, counsellor, and associate professor at Mount Royal University in Calgary, Alberta, Canada where he provides counselling addressing personal, educational, and career-related concerns. Michael continues to teach graduate courses and facilitate practitioner workshops focused on counselling skills and intervention strategies. His areas of interest and exploration include counsellor training, career intervention, stress and coping, and counselling outcomes and evaluation. He is particularly interested in the various connections between career development, mental health, mental illness, and wellbeing.

## Lílian Weber, PhD

Lílian Weber is a Psychologist, a member of the Brazilian professional board (CRP07/10112), Master's and Ph.D. in Management with an emphasis in People Management. She has been working on topics involving the relationship between people and their work, both from an individual perspective, through career counselling, and organizationally, in the areas of people management and worker's health. She had worked through consultancy, research, training processes, group coordination, and individual assistance. She coordinates the Career and Work Division in InTCC/POA (Brazil), and she is a member of the Brazilian Association of Career Counselling/ABOP.

